

Housing and Shelter

SF Tenants Union supports tenants with all things related to rentals: landlord problems, leases, and more. sfu.org

Taimon Booton Navigation Center is a shelter and service center for trans people. Visit 123 10th St to apply for entry. sfcommunityhealth.org/taimon-booton

A Woman's Place is a network of programs to help shelter unhoused cis and trans women. They have a variety of services. communityforwardsf.org
211 13th St.
831-337 8002 or info@communityforwardsf.org

Jazzie's Place is a shelter for LGBT people, part of the Dolores Shelter Program.
missionaction.org/our-work/housing-shelter

City Team maintains a comprehensive list of food, shelter, medical and other essential resources in SF. Scroll down to see the listings cityteam.org/get-help/san-francisco
415-861-8688

Immigration

SF ICE Rapid Response Network monitors ICE activity in SF. Call to report. sfrn.org
415-200-1548

The LGBT Asylum Project provides legal representation for LGBTQ and HIV+ asylum seekers.
lgbtasylumproject.org

Immigration Equality fights to obtain asylum in the United States for LGBTQ and HIV+ refugees.
immigrationequality.org

Taxes

The Low Income Taxpayer Clinic helps low income folks who have issues with the IRS. bit.ly/3YWVEgW
415-782-8978 or lirc@sfbar.org

Emergency Moving

Transcendence Care Network, in collaboration with the Nexus Moving Company, provides emergency relocation services for trans people. nexusmovingcompany.com
800-209-9495

Sangha Resources List

SF based. Digital version: transsangha.org/resources.

Talk to Someone

Trans Lifeline is a hotline that is staffed exclusively by trans people. They will never call emergency services without your consent. translifeline.org
877-565-8860 - Hours: M-F 10a-6p

Call Blackline provides a space for peer support, reporting of mistreatment, and more for folks who are most impacted by systematic oppression with an LGBTQ+ Black Femme Lens. Prioritizes BIPOC. callblackline.com
800-604-5841
Hours M-F 9am-5p // Sat Sun 6p-11p

SF Warm Line is a non-clinical emotional support phone and chat line run by peers. They will not call emergency services without consent. mentalhealthsf.org/warm-line
Call or text 855-600-9276
Hours: MTW F 7am-11pm // Th 8am-10pm

Community Resources

Trans: Thrive is a community center for drop in and scheduled services. They serve trans people in need, including BIPOC, people with HIV, people with substance use issues, people new to town, and more. These are good people to go to for help with a variety of circumstances. sfcommunityhealth.org/trans thrive
Drop in: M-F 2p-4:30p @ 1460 Pine St

SF LGBT Center offers a wide variety of services, programs, and support to the LGBT population. Friends of Trans Sangha. sfcenter.org

EI/La Para TransLatinas is a community organization for TransLatinas. Up to date offerings exist on their Facebook page. facebook.com/ELLAParaTransLatinas

Bay Area Workers Support is a peer-led resource organization for sex workers. bayareaworkerssupport.org

Openhouse helps LGBT seniors overcome unique challenges by providing housing, direct services and community programs. openhousesf.org

TransLife is a group for people looking for support for issues related to gender, drugs, sex work, hormones, HIV, and more. sfaf.org/programs/translife

What else should be on this list?
Problems with a listing?
DM Eleanor with suggestions
Version 1.0 – Jan 2, 2026

Health

Lyon Martin is a low to no cost community health clinic in SF that specializes in working with transgender patients. Trauma informed care. lyon-martin.org

SF Community Health Center is an LGBTQ and people of color health organization that offers a wide array of affordable medical, mental health, dental, and community services. sfcommunityhealth.org
415-292-3400

No More GateKeeping maintains a directory of mental health providers who will write a letter of support to your surgeon after only one visit. Filter for California. dosomethingidentities.org/providers

Maitri provides residential care for people who are recovering from gender affirmation surgery. maitrisf.org
415-558-3000 or tmoreno@maitrisf.org

The Lotus Collaborative is trans friendly holistic recovery services for disordered eating. Will attempt to negotiate with Medi-Cal. thelotuscollaborative.com

City Clinic has free/low-cost sexual health services including PrEP. City run. sfcityclinic.org

Community Accupuncture offers affordable acupuncture in a community setting. missionsfca.com

Dentistry

SF Community Health Center is an LGBTQ and people of color health organization that offers dentistry. sfcommunityhealth.org
415-292-3400

Substance Use

Never Use Alone is a 24/7 hotline that will stay on the line with you while you use drugs to ensure that you do not accidentally overdose. neverusealone.com
800-484-3737 or 877-696-1996

SF AIDS Foundation provides free services including substance use supplies, overdose prevention supplies, drug checking, harm reduction counseling, HIV testing, and more. sfaf.org/programs/syringe-access-services/

The Stonewall Project supports folks who have concerns about their drug and alcohol use. For queer men and trans people. sfaf.org/programs/stonewall-project
415-487-3100 or stonewall@sfaf.org

See *Trans: Thrive*, *Lyon Martin*, and *SF Community Health Center* for additional substance use help

Therapy

Queer Life Space provides therapy to the economically vulnerable queer population. SF based and queer led. Intake form: queerlivespace.org/contact

National Queer & Trans Therapists of Color Network is a directory of QTPOC therapists. nqttcn.com

Bay Area Open Minds is a directory of therapists who affirm that sexual, relational and gender diversity are natural expressions of the human experience. bayareaopenminds.org

The Liberation Institute is a pay-what-you-can, "Zoom" therapy provider in California. liberationinstitute.org

Open Path Psychotherapy Collective does sliding scale therapy. openpathcollective.org

Food

City Team maintains a comprehensive list of food, shelter, medical care and other resources in SF. Scroll down to see the listings cityteam.org/get-help/san-francisco
415-861-8688

Food Not Bombs serves free food on Wednesdays at the 16th and Mission BART Plaza at 6:30pm.

Free Farm Stand offers free locally grown produce at a farm stand in the Mission each Sunday. freefarmstand.org

Transportation

Fog City Access is steeply discounted rideshare for people with disabilities and mobility needs. city.ridewithvia.com/fog-city-access

Bike Kitchen teaches people how to repair bicycles and provides affordable ways to acquire and maintain bikes. bikekitchen.org

Legal

Transgender Law Center (TLC) provides legal help across many areas. transgenderlawcenter.org/get-help
Collect Line if incarcerated: 510-380-8229

National Center for Lesbian Rights provides free legal assistance to LGBTQ people. nclrights.org
Helpline: 415-392-6257 or 800-528-6257